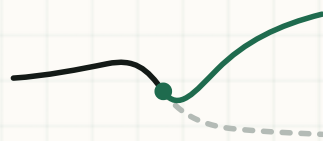


Five things to try *when maths gets hard.*



Stuck is not the end. Try one of these.

1

Say what you know.

Say it out loud or write it down. Even one thing counts.

2

Draw what the sum says.

Boxes, dots, lines, anything. Now look at your picture.

3

Try a smaller number.

Swap the big number for a small one. Solve that, then go back.

4

Ask just one question.

Find the one bit you do not get. Ask about that bit only.

5

Three breaths, then come back.

Breathe in and out three times. Look at the problem again, like it is new.

Teachers and parents: keep it on the desk, point to one.

Made by Rakhi. A classroom idea, not a research finding.
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